

MPH	FPS	Distance in 15 Seconds	Distance in 20 Seconds	Secs. to Travel Qtr. Mile	Secs. to Travel 3/4 of Qtr. mile	Secs. to Travel 1/2 of Qtr. Mile	Secs. to Travel 1/4 of Qtr. Mile
4	5.87	88	117	225	169	113	56
5	7.33	110	147	180	135	90	45
6	8.80	132	176	150	113	75	38
7	10.27	154	205	129	96	64	32
8	11.73	176	235	113	84	56	28
9	13.20	198	264	100	75	50	25
10	14.67	220	293	90	68	45	23
11	16.13	242	323	82	61	41	20
12	17.60	264	352	75	56	38	19
13	19.07	286	381	69	52	35	17
14	20.53	308	411	64	48	32	16
15	22.00	330	440	60	45	30	15
16	23.47	352	469	56	42	28	14
17	24.93	374	499	53	40	26	13
18	26.40	396	528	50	38	25	13
20	29.33	440	587	45	34	23	11
21	30.80	462	616	43	32	21	11
22	32.27	484	645	41	31	20	10
23	33.73	506	675	39	29	20	10
24	35.20	528	704	38	28	19	9
25	36.67	550	733	36	27	18	9
26	38.13	572	763	35	26	17	9
27	39.60	594	792	33	25	17	8
28	41.07	616	821	32	24	16	8
29	42.53	638	851	31	23	16	8
30	44.00	660	880	30	23	15	8
31	45.47	682	909	29	22	15	7
32	46.93	704	939	28	21	14	7
33	48.40	726	968	27	20	14	7
34	49.87	748	997	26	20	13	7
35	51.33	770	1027	26	19	13	6
36	52.80	792	1056	25	19	13	6
37	54.27	814	1085	24	18	12	6
38	55.73	836	1115	24	18	12	6
39	57.20	858	1144	23	17	12	6
40	58.67	880	1173	23	17	11	6
41	60.13	902	1203	22	16	11	5
42	61.60	924	1232	21	16	11	5
43	63.07	946	1261	21	16	10	5
44	64.53	968	1291	20	15	10	5
45	66.00	990	1320	20	15	10	5
46	67.47	1012	1349	20	15	10	5
47	68.93	1034	1379	19	14	10	5
48	70.40	1056	1408	19	14	9	5
49	71.87	1078	1437	18	14	9	5
50	73.33	1100	1467	18	14	9	5
51	74.80	1122	1496	18	13	9	4
52	76.27	1144	1525	17	13	9	4
53	77.73	1166	1555	17	13	8	4
54	79.20	1188	1584	17	13	8	4
55	80.67	1210	1613	16	12	8	4
56	82.13	1232	1643	16	12	8	4
57	83.60	1254	1672	16	12	8	4
58	85.07	1276	1701	16	12	8	4
59	86.53	1298	1731	15	11	8	4
60	88.00	1320	1760	15	11	8	4